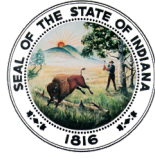




Indiana
Department
of
Health



Eric J. Holcomb
Governor

Kristina M. Box, MD, FACOG
State Health Commissioner

Infection Control Standard of Practices in LTC Facilities- INNG

Screening – Are people (staff, vendors, visitors) coming into the facility screened for COVID-19 symptoms (asked about symptoms and having their temperature taken) daily; You should self-screen before going to work with these COVID-19 questions and **do not report to work or LTC facility** if you answer yes to any of the questions.

All those working in or visiting the facility should be screened upon entry to the LTC facility daily:

1. Have you had close contact with someone who has tested positive for COVID-19 within the past 14 days? (without wearing proper PPE).
2. Are you currently ill? Do you have symptoms of a cold, cough, or shortness of breath? Have you temporarily lost your sense of taste or smell?
3. Do you currently have a fever, or have you had a fever in the past 24 hours without taking fever reducing medications (e.g., Tylenol)?
4. Do you live with someone who has been identified as a close contact?

If you answer yes to any of these questions then you should contact your program manager and discuss next steps, followed by contacting your health care provider.

Universal Controls- All persons in the facility must always wear a surgical face mask (or N95) while in the facility. Eye protection goggles or a face shield must also be worn when someone is within < 6 feet of a resident.

1. Personal eyeglasses are not considered eye protection.
2. Mask and eye protection can be worn the entire shift if not wet or visibly soiled.
3. Eye protection must fit close to face and not have gaps at the side of glasses/goggles.
4. N95 mask is worn if assisting with movement of COVID positive or suspected COVID residents. See nurse for guidance.

To **promote**, **protect**, and **improve** the health and safety of all Hoosiers.



Observe Standard Precautions You should be using personal protective equipment (PPE) if you are doing any jobs that put you at risk of coming into contact with blood, body fluids, or if in contact with contaminated surfaces or equipment.

1. The PPE (gloves, gown or face protection) used is dependent on the type of exposure.
2. PPE is always changed, and hand hygiene performed, before caring for another resident.
3. See Job aide from CDC for proper don and doffing

Masks – All persons working in the building must wear a mask that always covers their nose and mouth (exceptions are while eating and drinking or if alone in an office). Please see attached CDC do and don't for wearing a mask properly. Masks may be worn the entire shift if not wet or visibly soiled. It must be stored in a paper bag when removing for eating or drinking and hand hygiene performed after touching the mask.

Hand Hygiene – All persons working in the building must use hand sanitizer (or washing their hands) when they enter and exit the building and when they enter and exit a residents room, or assist the resident in the hallways, dining room, or after touching their facemask. Please see attached Job aide for Hand Sanitizer proper use.

1. **CDC recommends using ABHR with 60-95% alcohol** in healthcare settings. Unless hands are visibly soiled, an alcohol-based hand rub is preferred over soap and water in most clinical situations due to evidence of better compliance compared to soap and water. Hand rubs are generally less irritating to hands and are effective in the absence of a sink.^[3]
2. **Hands should be washed with soap and water for at least 20 seconds when visibly soiled, before eating, and after using the restroom.** Learn more about hand hygiene in [healthcare settings](#).

Social Distancing – Are persons in the facility should practice social distancing when not delivering direct care for the residents. This means that while on break (either together at lunch or gathering in smoking areas) all employees should be social distanced (at least 6 feet apart) from one another. See stop the spread of Germs CDC job aide.



Environmental Cleaning- All persons who are assisting with cleaning and disinfecting high touch surfaces should follow the manufacturer guidelines on the product for contact wet to dry times. It is important that these times be observed prior to re-use of an item to assure that the COVID-19 virus is killed. Surfaces should not be dried off but remain wet and allow air drying for proper contact time. Gloves should be worn when using any disinfectants.

Practicing the 3 Vs outside of work and in the facility:

1. **Vigilant-**
2. **Ventilation** in indoor spaces
3. **Vaccine:** Influenza Vaccine now, COVID-19 soon

By following a few simple steps, we can **SMASH** COVID-19

1. **Social distancing**
2. **Masking**
3. **Avoiding Crowds**
4. **Staying home** if you are sick
5. **Hand Hygiene**

Approved by Dr. Dan Rusyniak on Wednesday, October 28, 2020.